






In response to the COVID-19 public health emergency, we have compiled a guide regarding telemental health and telehealth services.

This is ever-changing, but below is the most up-to-date resources.

<p>New York State Regulatory Updates</p> 	<p><b><u>Office of Mental Health</u></b> OMH loosening regulations during a time-limited period of this health crisis. <a href="#">Read more</a></p> <p><b><u>Office of Alcohol and Substance Abuse</u></b> OASAS loosening regulations during a time-limited period of this health crisis. <a href="#">Read more</a></p>
<p>New York State Medicaid</p> 	<p>Medicaid programs have broad authority to utilize telehealth within their Medicaid programs including using telehealth or telephonic consultations in place of typical face-to-face requirements when certain conditions are met.</p>
<p>Fidelis Care</p> 	<p>Telemedicine and telephonic services for OASAS programs, approved for all lines of business</p>
<p>BlueCross BlueShield</p> 	<p>Expanding telehealth services :</p> <ul style="list-style-type: none"> <li>• BlueCross BlueShield strongly recommends members use their existing telehealth benefit to connect with a doctor when possible</li> <li>• Virtual visits are a safe and effective way for you to consult with a doctor from your home via smartphone, tablet, or computer-enabled webcam 24/7</li> <li>• In some instances, your physician may offer telehealth — you should contact them directly for more information</li> </ul>
<p>Independent Health</p> 	<p>Encouraging telehealth services "The CDC and New York State are encouraging health care providers to use telehealth and telemedicine services in order to alleviate the need for office visits when appropriate, and to minimize patient-to-patient exposure of illness."</p>