

PATCH for Teens Workshop
Participants Liked:

"Learning how health care is important"

"Learning more in depth about confidentiality"

"Using the emoji book"

"Good and bad relationship activity"

**FOR MORE
INFORMATION
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Schedule Today!
hopebuffalo.org/patchprogram

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INTERACTIVE OPPORTUNITY FOR TEENS
TO LEARN DIRECTLY FROM THEIR PEERS!

PATCH
for Teens

60 Minute
Peer-to-Peer Workshop

PATCH™ for **HOPE** BUFFALO
Providers And Teens Communicating for Health **THE PLEDGE FOR HEALTHY TEENS**

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The workshop

Research reveals an array of communication barriers, stigmas, and gaps in training that interfere with the ability of health care professionals and teens to talk openly and honestly about sensitive health topics.

PATCH for Teens is an innovative, teen-delivered workshop that focuses on:

- Highlighting why teens need and deserve a good **relationship** with their health care providers
- Emphasizing that teens do have certain health care **rights**
- Showing that teens have a **responsibility** to begin to take care of their health care experiences

Benefits

- ✓ 60 minutes of in-person training with (real, live!) teens trained and ready to share their experiences and knowledge
- ✓ Teens will explore immediate steps they can take to make sure they get the care they need and deserve
- ✓ Skills building to help teens advocate for their own health and wellbeing

Learning Objectives

- Understand the importance of managing their own health care experiences
- Explore steps teens can take to get the care they need and deserve
- Gain new skills to help teens advocate for their own health and wellbeing

